

Woolworths 


NET SET GO! 

Centre Handbook 2025

OPERATIONAL MANUAL







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Welcome to Woolworths NetSetGo!

We're thrilled to have you join us in helping kids across Australia begin a lifelong love of netball.

You're now part of a passionate community that's all about developing confident, and active kids. Woolworths NetSetGo is where fun, friendship, and learning netball basics come together. It's netball for every kid and with thoughtfully designed aged-based stages, Woolworths NetSetGo is even more inclusive of all experience levels than ever. After all, more touches = more fun!

As a Centre Coordinator, you play a key role in bringing the program to life. This handbook is here to help you every step of the way, providing you with the tools to create a welcoming and inclusive environment.

We can't thank you enough for your dedication and energy. We're sure you'll have an amazing time getting on the court with our eager and enthusiastic NetSetGo'ers!

Catch you on the court,

Netball Australia and the Woolworths NetSetGo Team

A lifelong love of Netball starts here

Experience is at the heart of everything we do at Woolworths NetSetGo. Through a mix of fun games, skill-building activities, and plenty of opportunities to make new friends, our program is all about giving kids a fantastic first taste of team sport, with plenty of learning and laughs along the way.

They love it because:



IT'S FUN!

Every session is packed with exciting activities.



IT'S ACTIVE!

Kids are always on the move, practicing new skills and playing games.



IT'S SOCIAL!

Making new friends is a big part of the experience.



IT BUILDS CONFIDENCE!

With modified equipment and supportive coaches, every child feels successful.

Our program has been thoughtfully updated for 2025, ensuring we give kids equal opportunity to get involved, whether they're an experienced player or picking up a ball for the first time.

"My child is gaining confidence, learning new things all while having fun."

"My daughter has not been exposed to ball skills, hand eye coordination and team skills. NetSetGo has provided her with all of these new skills."

"My child is really enjoying the program and gaining confidence. We have found the program really beneficial for our child and her development whilst having fun with friends."

Creating a positive and supportive environment

At Woolworths NetSetGo, we believe that connecting with the core needs of kids creates a foundation for fun.

With your help, here's how we do it:

Safety

Kids feel secure in a supportive, trusting environment.

Belonging

Everyone feels like they're part of the team.

Achievement

Kids experience success through personal growth.

Attention

Every child is noticed and celebrated.

Independence

Kids are encouraged to explore and act on their own.

Fairness

Everyone has an equal opportunity to engage, no matter the individual.

When these needs are met, kids experience the magic of netball —and that's what Woolworths NetSetGo is all about!

Our program philosophy

We achieve this by embracing our six core values:



WE BUILD SKILLS

Every child is given opportunities to develop fundamental skills through fun, engaging activities.



WE CREATE CONNECTIONS

We foster lasting friendships and teamwork, making every child feel part of a supportive community.



WE PRIORITISE SAFETY

Our trained coaches provide a safe, supportive environment where every child can play and learn with confidence.



WE MAKE IT FUN

With a focus on "More Touches = More Fun," every session keeps kids active, involved, and having a great time.



WE ARE TOTALLY INCLUSIVE

Our aged-based stages ensure all kids, no matter their experience, feels included and valued.



WE GROW CONFIDENCE

By focusing on fun and skill-building, we help kids develop confidence both on and off the court.

Roles in Woolworths NetSetGo

Woolworths NetSetGo is more than just a sports program – it's a community. A community in which everybody plays a key position in nurturing a positive, and supportive environment.

THE COORDINATOR

As a centre coordinator, you're key to making Woolworths NetSetGo a fantastic experience. You'll ensure everything runs smoothly and create a welcoming environment for kids and families.

- + Recruiting new players to grow your centre.
- + Supporting new coaches as they join the program.
- + Providing feedback to Netball Australia for program improvements.
- + Using and promoting the Coaching and Delivery Resources for consistent sessions.

THE COACH

Coaches play a vital role in making Woolworths NetSetGo fun and rewarding. Whether a first-time or experienced coach. The coach's role is to inspire and guide kids while making sure everyone feels included.

- + Lead engaging, game-based activities to keep kids active and having fun. Supporting new coaches as they join the program.
- + Encourage equal participation so every child is involved.
- + Promote teamwork and inclusivity, helping kids make friends.
- + Give positive feedback to boost confidence and celebrate effort.
- + Adapt activities to match each child's development and ensure success.
- + Ensure safety by maintaining a supportive, welcoming environment.

Levels of progression (tiers)

Woolworths NetSetGo is open to all skill levels, welcoming kids who are new to the sport as well as those looking to extend their experience. We have three aged-based tiers; Net, Set, and Go. From catching and passing to learning how to be part of a team, each tier focuses on building confidence and skills at a pace that's right for them, whether they have played before or are picking up a ball for the first time.

NET

AGES 5-6
FUN FUNDAMENTALS

Engaging our littlest netballers with fun, modified equipment like bean bags and soft balls to introduce kids to the basics of movement and netball, building confidence and teamwork in a playful way.

SET

AGES 7-8
SHARPENING SKILLS

Helping kids practice netball skills, no matter their level of experience and play modified games with a smaller ball, perfect for refining movements and learning new strategies, all while keeping it lighthearted and loaded with fun.

GO!

AGES 9-10
GETTING GAME-READY

Helping budding netballers fine-tune their physical capabilities by getting ready for the next – or should we say net – level. With a size 4 ball and lower goal posts, they'll play modified matches, and maybe even keep score without losing sight of the fun.

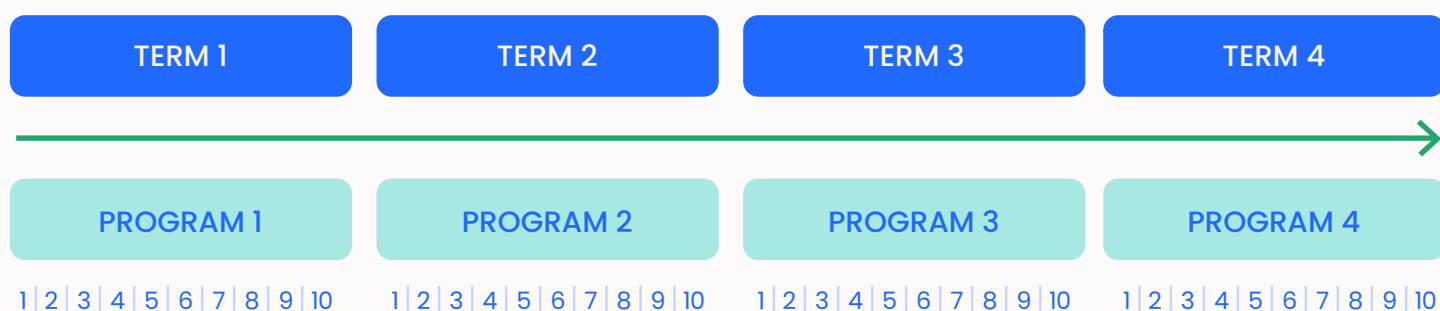


Programs

A program is an 8-10 week block of sessions. It is considered best practice to align the blocks with school terms.

Centres can run multiple programs across different tiers, venues, or time slots, providing a variety of options for kids.

Activities are designed to be adaptable, allowing coaches to scale them up or down to meet the needs of each participant, ensuring everyone progresses and enjoys their time throughout the season. This flexibility is assessed at the centre level based on participant needs, allowing for a more tailored approach.



Why Term by Term?

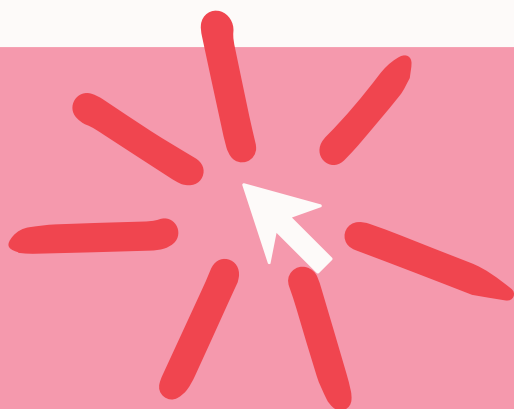
This approach offers several benefits:

- + Helps parents manage their family budgets
- + Increases opportunities for new kids to sample the program
- + Reduces the financial and time commitment for families
- + Provides more chances for kids to progress and celebrate achievements
- + Maximises potential revenue for centres
- + Enhances opportunities to collaborate with local schools
- + Encourages kids to return to netball within the same year
- + Aligns with Netball Australia's national marketing campaigns, maximising new registrations



How to register

Parents can easily find their closest Woolworths NetSetGo centre using the NetSetGo Finder located here. All participants must register online through Play HQ (NSW, WA, TAS & SA) or Netball Connect (VIC, QLD & NT). Offline payments aren't accepted, and centres should receive payment up-front during registration.



The Woolworths NetSetGo ONESTOPSHOP

Be sure to check out our Woolworths NetSetGo online shop – the one-stop shop for all things netball! From backpacks and water bottles to agility ladders and bean bags, it is brimming with all the essentials to help centres deliver the very best NetSetGo experience.

Participation packs

Every child who joins Woolworths NetSetGo receives a special participant pack, designed to make them feel part of the team from day one!

For 2025, all our goodie packs will include a t-shirt and keychain, which are both themed to the individual's Suncorp Super Netball team of support, as well as a Woolworths NetSetGo branded size 4 netball.

As part of a new streamlined process in 2025, participant pack selections will occur as part of the registration process, which eliminates the need for families to redeem the pack via the NetSetGo Store.

Families will receive further information regarding their pack once the order is fulfilled and enters the postal system, these communications will include tracking details.

For more information you can visit our frequently asked questions.

Need help?

Member Organisation Contact

NETBALL VIC

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Email: netsetgo@netballvic.com.au
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NETBALL SA

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NETBALL QLD

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NETBALL NSW

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NETBALL TAS

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Woolworths NetSetGo General Enquiries

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Woolworths NetSetGo Pack & Shop Enquiries

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